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No Self No Problem

By Anam Thubten Rinpoche



Anam Thubten Rinpoche

Anam Thubten Rinpoche was born in Golok, Eastern Tibet and undertook Buddhist training in the Nyingma Tradition at an early age. He has been teaching in the West since 1992 and is the spiritual advisor and Dharma teacher for the Dharmata Foundation.

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P.O. Box 2037 Hamilton, MT 59840 USA Email: info@tibetanlanguage.org Telephone: 406/ 961-5131
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