

The 37 Practices of a Bodhisattva, Verse 11

Line 1: ལྷུག་བསྐྱེད་མ་ལྷུས་བདག་བདེ་འདོད་ལས་བྱུང་།།

All suffering, without any exception, comes about from the desire for one's own happiness,

1		← 3 2	
ལྷུག་བསྐྱེད་	མ་ལྷུས་	བདག་བདེ་	འདོད་ལས་བྱུང་།།
noun	Negation Particle [D.T. 73-75] + verb	pronoun + noun	noun + Ablative Particle [D.T. 49-52] + verb ¹
<i>suffering</i>	<i>not + to be left behind</i> = <i>without exception</i>	<i>I, me + bliss, happiness</i> = <i>one's own happiness</i>	<i>desire, concern</i> + <i>from + to arise</i> = <i>arises from desire (for)</i>

¹ pf./im. < འབྱུང་ Class III (v.i., 2-form, no im.), *to appear; to emerge; to arise; to occur; to happen*

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Line 2: རྫོགས་པའི་སངས་རྒྱས་གཞན་ཕན་སེམས་ལས་འབྱུངས།།

Perfect buddhas arise from considering the welfare of others,

1		← 3		2
རྫོགས་པའི་	སངས་རྒྱས་	གཞན་ཕན་	སེམས་ལས་འབྱུངས།།	
noun + fused Genitive Particle [D.T. 27-33] turning the previous noun into an adjective modifying the following noun	noun	pronoun + verb ²	noun + Ablative Particle [D.T. 49-52] + verb ³	
<i>completion, perfection + of</i>	<i>buddha</i>	<i>other, another + to help, to benefit</i>	<i>mind (Skt. citta), thought + from + to come into being, to arise = arise from (the) thought</i>	

² pr./pt./ft./im. Class VI (v.i., 1-form), *to help; to benefit; to assist; to be helpful; to be of use*

³ pt. < འབྱུང་ Class III (v.i., 2-form), Hon. *to be born, to arise*

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Line 3: དེ་ཕྱིར་བདག་བདེ་གཞན་གྱི་སྡུག་བསྔལ་དག།

Therefore, to perfectly exchange one's own happiness for the suffering of others,

1			
དེ་ཕྱིར་	བདག་བདེ་	གཞན་གྱི་	སྡུག་བསྔལ་དག།
conjunction	pronoun + noun	pronoun + Genitive Particle [D.T. 27-33]	noun + pluralizing particle
<i>therefore</i> (literally: <i>because of that</i>)	<i>I, me + bliss, happiness</i> = <i>one's own happiness</i>	<i>other, another + of</i>	<i>sufferings</i>

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Line 4: ཡང་དག་བརྗེ་བ་རྒྱལ་སྤྲུལ་ལག་ལེན་ཡིན།།

Is the practice of a bodhisattva.

1 (continued)		← 3 2	
ཡང་དག་	བརྗེ་བ་	རྒྱལ་སྤྲུལ་	ལག་ལེན་ཡིན།།
adverb modifying following verb	verb ⁴	noun + noun	noun + verb ⁵
<i>perfectly, excellently, completely</i>	<i>to exchange</i>	<i>victor + child = bodhisattva</i>	<i>practice, application, exercise + to be = is (the) practice</i>

⁴ ft. < རྗེ་ Class V (v.t., 4-form), *to exchange; to change; to barter*

⁵ pr./pt./ft. Class I (1-form, no im.), *to be; am; is; are* (etc.)

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Line 1: ལྷུག་བསྐྱེལ་མ་ལྷུས་བདག་བདེ་འདོད་ལས་བྱུང་།།

Line 2: རྫོགས་པའི་སངས་རྒྱས་གཞན་ཕན་སེམས་ལས་འབྱུངས།།

Line 3: དེ་ཕྱིར་བདག་བདེ་གཞན་གྱི་ལྷུག་བསྐྱེལ་དག།

Line 4: ཡང་དག་བརྗེ་བ་རྒྱལ་སྤྲས་ལག་ལེན་ཡིན།།

Translation:

All suffering, without any exception, comes about from the desire for one's own happiness,
Perfect buddhas arise from considering the welfare of others,
Therefore, to perfectly exchange one's own happiness for the suffering of others,
Is the practice of a bodhisattva.



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