Long-Life Prayer for His Holiness, Tenzin Gyatso, 
The Fourteenth Dalai Lama

His Holiness the Dalai Lama and the Seventeenth Karmapa

GANG RAI RA WE KOR WAI ZHING K'AM SU
For this heavenly realm encircled by snow-covered mountains,

P'EN DANG DE WA MA LÙ JUNG WAI NE
The primordial source of all benefit and bliss

CHEN RE ZIG WANG TEN ZIN GYA TS'O YI
Is Tenzin Gyatso, Chenrezig in person.

ZHAP PE SI T'AI BAR DU TEN GYUR CHIG
May he remain steadfast until samsara’s end.

Tibetan Language Institute
P.O. Box 2037   Hamilton, MT 59840 USA
Tel: 406/ 961-5131      Email: info@tibetanlanguage.org    www.tibetanlanguage.org